



# Lady Bird Johnson Wildflower Center

## *Salvia regla*

*Educating people about the environmental necessity, economic value, and natural beauty of native plants*

4801 La Crosse Avenue  
Austin, Texas 78739-1702  
(512) 292-4200  
[www.wildflower.org](http://www.wildflower.org)

### Common name

Mountain sage

### Range

Native to the rocky wooded slopes of the Chisos Mountains, adapted to the rolling and high plains area. Often called one of the most beautiful shrubs of the Chisos Mountains.

### Life cycle

Perennial

### Growth habit

A tall (5 - 8 foot) deciduous shrub with many branches, especially near the top of the plant.

### Bloom period

Very showy crimson flowers from July to October.

### Soil preference

Well-drained rocky soils, but very adaptable to other sites in cultivation.

### Exposure

Sun to partial shade, most hardy in full morning sun

### Propagation

Most easily grown from both softwood and semi-hardwood cuttings taken from the base. Application of a rooting hormone improves rooting. Rooting should occur within three weeks.

### Maintenance

After an extended period of flowering, you may wish to prune it halfway back to produce thicker, more compact foliage. Cut it back each winter to encourage bushy growth.

Once established, it should be fertilized using organic matter.



### Miscellaneous

*S. regla* is in the mint family, Labiatae. If the leaves are crushed, it gives off a minty fragrance. It has square stems, another characteristic of the mint family.

It is an attractive shrub with great ornamental potential. Attracts migrating hummingbirds!